



BLUE WING

LUNCH

Starters

Salt & Pepper Calamari	basil and ranchero aiolis	10
Meyer Lemon Artichoke Dip	bacon, parmesan, house-made crackers	10
Warm Camembert & Cabernet Balsamic Grapes	rosemary crostini	12
Blue Wings	chicken wings, hot sauce, blue cheese crumbles	11
House Fries Garlic or Sweet Potato Fries		6 8

Soup & Salads

Soup of the Day		5 7
House Salad	mixed greens, shaved carrots, cherry tomatoes, Blue Wing basil citrus vinaigrette	6
Roasted Beet Salad	oranges, goat cheese, greens, toasted hazelnuts, seasoned crackers	12
Caesar Salad	hearts of romaine, butter toasted croutons, shaved parmesan	10

Entrées

Sandwiches are served with House Fries or Salad. Substitute Soup, Sweet Potato or Garlic Fries 2

Prawn & Crab Salad	avocado, spring greens, Blue Wing basil citrus vinaigrette	17
Grilled Herbed Chicken & Strawberry Salad	fresh spinach, candied pecans	16
Salmon Caesar Salad	hearts of romaine, butter toasted croutons, shaved parmesan	18
Cuban Pressed Sandwich	house smoked pork, black forest ham, provolone, mustard, pickles	13
Focaccia Veggie Sandwich	grilled zucchini, roasted red pepper, mozzarella, pesto	13
Lightly Blackened Salmon Sandwich	sweet pepper relish, cole slaw	16
Chipotle Chicken Wrap	bacon, lettuce, tomato, smoked cheddar, chipotle mayo, spinach tortilla	14
New York Steak & Fries	8 ounce steak, lemon shallot butter	18
Fish & Chips	two three beer battered rock cod filets, cole slaw, tartar sauce	12 14

Burgers

Served with House Fries or Salad. Substitute Soup, Sweet Potato or Garlic Fries 2

House-Made Veggie Burger		12
risotto, black bean, mushroom & carrot patty, onion, lettuce, tomato, house-made focaccia		

Beef or J-S Ranch Bison Burgers

Blue Wing Classic	house smoked cheddar	beef 12 bison 14
Mushroom	mushrooms, swiss	beef 14 bison 16
Western Bacon	house smoked cheddar, bbq sauce	beef 14 bison 16
Black & Blue	blackening spices, blue cheese, bacon	beef 14 bison 16

Water served on request